

# Cambridge National Sports Studies

## Type of subject:

Practical and theoretical.

## This subject goes well with:

Science, Food Technology.

## If you pass either of these courses you could achieve:

Level 1: Pass, Merit, Distinction

Level 2: Pass, Merit, Distinction, Distinction\*



## Examples of topics studied:

The qualification covers four units:

- Practical skill
- Contemporary issues in sport
- Sports leadership
- Outdoor activities

In addition to completing portfolio work, students will take part in practical lessons to develop skills and ideas to help them and others stay fit and healthy.

## How are the courses assessed?

75% coursework (3 units), 25% exam (1 unit).

## Additional information:

Some of the work is classroom-based theory with the practical element demanding a commitment to participation in practical sessions. 75% of lessons will be in the classroom based.

This subject is a good choice if you want to become a sports coach, professional performer, physiotherapist, sport and recreation assistant, personal trainer.

## Who should I talk to if I want to ask about this subject?

Mr G Sowerby ([gareth.sowerby@elawnswood.co.uk](mailto:gareth.sowerby@elawnswood.co.uk))



Mrs E Britton ([liz.britton@elawnswood.co.uk](mailto:liz.britton@elawnswood.co.uk))

