



Welcome to the Physical Education Department

LAWNSWOOD
SCHOOL



Physical Education is taught by specialist teaching staff at Lawnswood School who have knowledge and experience of playing, coaching and teaching a wide range of sports. The Physical Education department has the latest equipment to facilitate learning, including trampolines, table tennis tables, a fitness suite, batting nets and a wide range of equipment for numerous different sports and activities. Physical Education lessons are always fun, interactive, and have strong cross curricular links with numeracy and literacy to develop the whole learner. It is our philosophy that sport is for all, regardless of age, gender or background.

“Success is not final,
failure is not fatal, it is
the courage to continue
that counts”



Year 7 students initially sample a range of sports in order to assess baseline skills and knowledge. They then develop fundamental techniques, skills, and knowledge in a range of activities and develop a basic knowledge of exercise, fitness and health. Throughout each lesson they will develop their knowledge of how to prepare the body for exercise. We aim to give students a varied and exciting curriculum which allows students to develop skills which are transferable outside of sport and physical activity.

Enrichment

We have an extensive range of clubs before school, at lunchtime and after school where students can come and enjoy taking part in sport and physical activity, both recreationally and competitively.

Links and visits

We have a yearly sports day, have regular coaching sessions delivered by local cricket clubs, football sessions by Leeds United, rugby links with Leeds Rhinos, and numerous taster sessions throughout the year for students to experience a wide range of sporting activities.

If you have any questions please do not hesitate to contact the Lead Teachers of Physical Education, Daniel Meredith (Daniel.meredith@elawnswood.co.uk) or Katie Hewitt (katie.hewitt@elawnswood.co.uk).