

PE at Lawnswood School

The PE Department at Lawnswood School uses a spiral curriculum to revisit and build on knowledge each year, developing a deeper understanding and base of knowledge than the previous year. Alongside developing sport specific skills, students are given opportunities to develop skills that are transferable to other facets of their life such as; resilience, leadership, communication and teamwork. Students are also encouraged to attend any club from our extensive extra-curricular programme in order to further refine their skills.

Year 7

In Y7, students follow one of three pathways of study. Each activity is taught for four weeks, with opportunities to baseline assess at the beginning and assess the progress of students at the end. Students are encouraged to reflect on their own progress and both self and peer assess against assessment criteria so they know where that can improve. Students focus on developing core skills in each activity through technical practises.

Pathway 1

BASELINE	BASKETBALL	DANCE/GYM	FITNESS	HANDBALL	RUGBY/FOOTBALL	NETBALL	TENNIS	ROUNDERS	ATHLETICS
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Pathway 2

BASELINE	NETBALL	BADMINTON	DANCE	RUGBY/FOOTBALL	GYMNASTICS	BASKETBALL	ROUNDERS	ATHLETICS	TENNIS
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Pathway 3

BASELINE	RUGBY	FOOTBALL	BADMINTON	FITNESS	BASKETBALL	GYMNASTICS	ATHLETICS	CRICKET	ROUNDERS
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Assessment

During Y7 students are said to be developing/meeting/exceeding expectations if they:

- Developing: Demonstrate some core skills for the activity in isolation and in competitive scenarios.
- Meeting: Demonstrate many core skills and few advanced skills for the activity in isolation and in competitive scenarios.
- Exceeding: Demonstrate most core skills and some advanced skills for the activity in isolation and in competitive scenarios.

Students are also assessed based on their knowledge of the game.