

PE at Lawnswood School

The PE Department at Lawnswood School uses a spiral curriculum to revisit and build on knowledge each year, developing a deeper understanding and base of knowledge than the previous year. Alongside developing sport specific skills, students are given opportunities to develop skills that are transferable to other facets of their life such as; resilience, leadership, communication and teamwork. Students are also encouraged to attend any club from our extensive extra-curricular programme in order to further refine their skills.

Year 8

In Y8 students build on previous learning in Y8 and develop more advanced skills and begin to implement the skills they have learned in to adapted versions of the sports they are playing. Students are encouraged to be creative in application of the skills, exploring when and where to apply the skill. Students are also beginning to apply theoretical knowledge of health and fitness to their lessons. Students in Y8 follow one of four pathways.

Pathway 1

RUGBY	FOOTBALL	BADMINTON	FITNESS	BASKETBALL	HANDBALL	GYMNASTICS	ATHLETICS	CRICKET	ROUNDERS
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Pathway 2

BASKETBALL	GYMNASTICS	RUGBY	HANDBALL	FOOTBALL	BADMINTON	FITNESS	ROUNDERS	ATHLETICS	CRICKET
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Pathway 3

NETBALL	BADMINTON	DANCE	RUGBY/FOOTBALL	GYMNASTICS	FITNESS	BASKETBALL	ROUNDERS	ATHLETICS	TENNIS
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Pathway 4

GYMNASTICS	DANCE	FITNESS	BADMINTON	NETBALL	RUGBY/FOOTBALL	TENNIS	ATHLETICS	ROUNDERS	BASKETBALL
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Assessment

During Y8 students are said to be developing/meeting/exceeding expectations if they:

- Developing: Demonstrate many core skills and few advanced skills for the activity in isolation and in competitive scenarios.
- Meeting: Demonstrate most core skills and some advanced skills for the activity in isolation and in competitive scenarios.
- Exceeding: Demonstrate all core skills and many advanced skills in isolation and in competitive scenarios.

Students are also assessed on their knowledge of each activity.