

PE at Lawnswood School

The PE Department at Lawnswood School uses a spiral curriculum to revisit and build on knowledge each year, developing a deeper understanding and base of knowledge than the previous year. Alongside developing sport specific skills, students are given opportunities to develop skills that are transferable to other facets of their life such as; resilience, leadership, communication and teamwork. Students are also encouraged to attend any club from our extensive extra-curricular programme in order to further refine their skills.

Year 9

In Y9, students begin to look towards GCSE PE by developing further theoretical knowledge of the body, health and fitness through their practical lessons. Students are encouraged to be more independent in Y9 taking more ownership of leading warm ups and drills in small groups. Teaching is focussed on applying core and advanced skills in to games and adapted game situations. Those students who are not looking to further their academic knowledge of physical education are encouraged to begin to explore which activities they may wish to pursue beyond education and in to later life. Students in Y9 follow one of four pathways.

Pathway 1

BASKETBALL	GYMNASTICS	RUGBY	HANDBALL	FOOTBALL	BADMINTON	FITNESS	ROUNDERS	ATHLETICS	CRICKET
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Pathway 2

GYMNASTICS	DANCE	FITNESS	BADMINTON	NETBALL	RUGBY/FOOTBALL	TENNIS	ATHLETICS	ROUNDERS	BASKETBALL
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Pathway 3

NETBALL	BADMINTON	DANCE	RUGBY/FOOTBALL	GYMNASTICS	FITNESS	BASKETBALL	ROUNDERS	ATHLETICS	TENNIS
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Pathway 4

RUGBY	FOOTBALL	BADMINTON	FITNESS	BASKETBALL	HANDBALL	GYMNASTICS	ATHLETICS	CRICKET	ROUNDERS
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Assessment

During Y9 students are said to be developing/meeting/exceeding expectations if they:

- Developing: Demonstrate most core skills and some advanced skills for the activity in isolation and in competitive scenarios.
- Meeting: Demonstrate all core skills and many advanced skills in isolation and in competitive scenarios.
- Exceeding: Demonstrates all core skills and all advanced skills in isolation and competitive scenarios.

Students are also assessed on their knowledge of each activity.